Presentation Title: *Part 2: Supporting Children and Adolescents who are Grieving*

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Presentation Outline:

I. Support
   A. Understanding
   B. Listening
   C. Caring
   D. Showing Empathy
   E. Teaching
   F. Providing Safety
   G. Respecting

II. Types of Support Groups
   A. Mutual Sharing
   B. Discussion
   C. Educational
   D. Problem-Solving
   E. Growth
   F. Therapy

III. Facilitating and Implementing Support Groups

IV. 5 Stages of a Group
   A. Initiating
   B. Conflict and Confrontation
   C. Cohesiveness
   D. Productiveness
   E. Termination

Objectives:

This presentation is designed as a practical “how to” session and will really get into the nuts and bolts of support training. Participants will have an opportunity to examine how they personally manage grief as well as how they help others manage grief. This session will be highly interactive, and attendees will have a chance to practice the methods presented through roll play and other activities.

After attending this training, participants will:

1. Know the 7 essential components (understanding, listening, caring, showing empathy, teaching, providing safety and respecting) of effectively supporting someone who is grieving.
2. Understand what it takes to understand, listen, care, show empathy, teach, provide safety and respect those who you are supporting.
3. Know and understand the purpose and approach of 6 different types of support groups.
4. Know the 5 stages of a support group.
5. Have practice and be prepared to facilitate a grief support group.

Length of Presentation: 3 – 6 hours